

Claim 35 (original): The method of claim 34, further comprising the step of abutting his feet against an inclined footstool disposed adjacently to said seating device so as to reduce stress exerted on his feet.

*Rule 126* → Claim <sup>36</sup>~~35~~ (currently amended): The method of claim 34, further comprising the step of abutting at least one hand or forearm, or the torso against a counter disposed adjacently to said seating device so as to provide a further point of support ~~for the user~~.